

# Lecture #7: Regularization

Data Science 1  
CS 109A, STAT 121A, AC 209A, E-109A

Pavlos Protopapas   Kevin Rader  
Margo Levine   Rahul Dave



# Lecture Outline

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Review

Applications of Model Selection

Behind Ordinary Least Squares, AIC, BIC

Regularization: LASSO and Ridge

Bias vs Variance

Regularization Methods: A Comparison

# Review

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**Model selection** is the application of a principled method to determine the complexity of the model, e.g. choosing a subset of predictors, choosing the degree of the polynomial model etc.

A strong motivation for performing model selection is to avoid overfitting, which we saw can happen when

- ▶ there are too many predictors:
  - the feature space has high dimensionality
  - the polynomial degree is too high
  - too many cross terms are considered
- ▶ the coefficients values are too extreme

# Stepwise Variable Selection and Cross Validation

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Last time, we addressed the issue of selecting optimal subsets of predictors (including choosing the degree of polynomial models) through:

- ▶ stepwise variable selection - iteratively building an optimal subset of predictors by optimizing a fixed model evaluation metric each time,
- ▶ cross validation - selecting an optimal model by evaluating each model on multiple validation sets.

Today, we will address the issue of discouraging extreme values in model parameters.

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- ▶ 1st step,  $J$  **Models**

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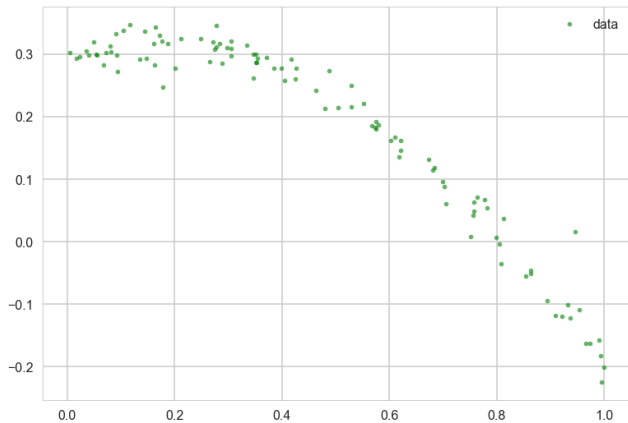
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$O(J^2) \ll 2^J$  for large  $J$

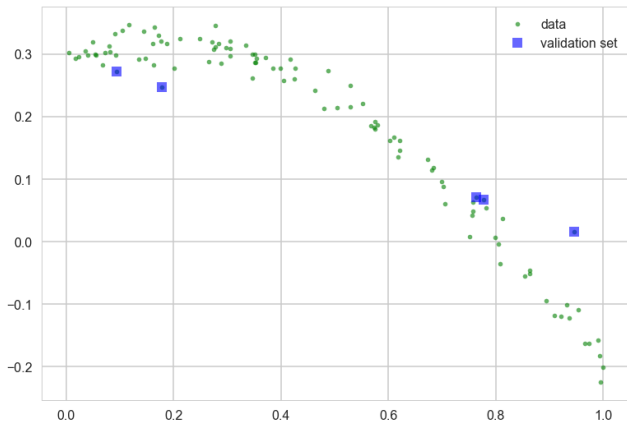
# Applications of Model Selection

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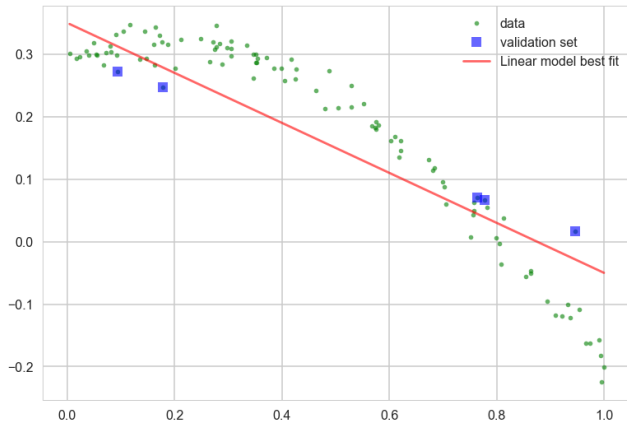
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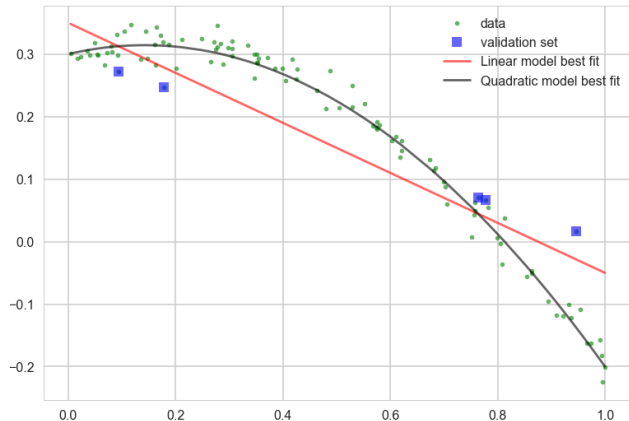


# Cross Validation. Why?



$R^2_{\text{linear}} = 0.78$  on validation set

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$R^2_{\text{linear}} = 0.78, R^2_{\text{quadratic}} = 0.64$  on validation set



# Cross Validation



## Predictor Selection: Cross Validation

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Rather than choosing a subset of significant predictors using stepwise selection, we can use  $K$ -fold cross validation:

- ▶ create a collection of different subsets of the predictors
- ▶ for each subset of predictors, compute the cross validation score for the model created using only that subset
- ▶ select the subset (and the corresponding model) with the best cross validation score
- ▶ evaluate the model one last time on the test set

## Degree Selection: Stepwise

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We can frame the problem of degree selection for polynomial models as a predictor selection problem: which of the predictors  $\{x, x^2, \dots, x^M\}$  should we select for modeling?

We can apply stepwise selection to determine the optimal subset of predictors.

## Degree Selection: Cross Validation

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We can also select the degree of a polynomial model using  $K$ -fold cross validation.

- ▶ consider a number of different degrees
- ▶ for each degree, compute the cross validation score for a polynomial model of that degree
- ▶ select the degree, and the corresponding model, with the best cross validation score
- ▶ evaluate the model one last time on the test set

## kNN Revisited

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Recall our first simple, intuitive, non-parametric model for regression - the kNN model. We saw that it is vitally important to select an appropriate  $k$  for the data.

If the  $k$  is too small then the model is very sensitive to noise (since a new prediction is based on very few observed neighbors), and if the  $k$  is too large, the model tends towards making constant predictions.

A principled way to choose  $k$  is through  $K$ -fold cross validation.

# A Simple Example

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## Behind Ordinary Least Squares, AIC, BIC

# Likelihood Functions

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We've been using AIC/BIC to evaluate the explanatory powers of models, and we've been using the following formulae to calculate these criteria

$$\text{AIC} \approx n \cdot \ln(\text{RSS}/n) + 2J$$

$$\text{BIC} \approx n \cdot \ln(\text{RSS}/n) + J \cdot \ln(n)$$

where  $J$  is the number of predictors in model.

Intuitively, AIC/BIC is a loss function that depends both on the predictive error, RSS, and the complexity of the model. We see that we prefer a model with few parameters and low RSS.

But why do the formulae look this way - what is the justification?



# Likelihood Functions

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Recall that our statistical model for linear regression in vector notation is

$$y = \beta_0 + \sum_{j=1}^J \beta_j x_j + \epsilon = \boldsymbol{\beta}^\top \mathbf{x} + \epsilon.$$

It is standard to suppose that  $\epsilon \sim \mathcal{N}(0, \sigma^2)$ . In fact, in many analyses we have been making this assumption. Then,

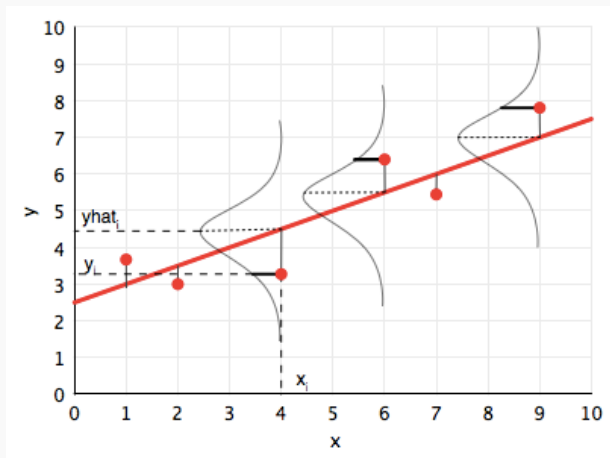
$$y | \boldsymbol{\beta}, \mathbf{x}, \epsilon \sim \mathcal{N}(\boldsymbol{\beta}^\top \mathbf{x}, \sigma^2).$$

Can you see why?

Note that  $\mathcal{N}(y; \boldsymbol{\beta}^\top \mathbf{x}, \sigma^2)$  is naturally a function of the model parameters  $\boldsymbol{\beta}$ , since the data is fixed. We call

$$\mathcal{L}(\boldsymbol{\beta}) = \mathcal{N}(y; \boldsymbol{\beta}^\top \mathbf{x}, \sigma^2)$$

the **likelihood function**, as it gives the likelihood of the observed data for a chosen model  $\boldsymbol{\beta}$ .



## Maximum Likelihood Estimators

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Once we have a likelihood function,  $\mathcal{L}(\beta)$ , we have strong incentive to seek values of  $\beta$  to maximize  $\mathcal{L}$ .

Can you see why?

The model parameters that maximizes  $\mathcal{L}$  are called **maximum likelihood estimators (MLE)** and are denoted:

$$\beta_{MLE} = \underset{\beta}{\operatorname{argmax}} \mathcal{L}(\beta)$$

The model constructed with MLE parameters assigns the highest likelihood to the observed data.

# Maximum Likelihood Estimators

But how does one maximize a likelihood function?

Fix a set of  $n$  observations of  $J$  predictors,  $\mathbf{X}$ , and a set of corresponding response values,  $\mathbf{Y}$ ; consider a linear model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\epsilon}$ .

If we assume that  $\boldsymbol{\epsilon} \sim \mathcal{N}(0, \sigma^2)$ , then the likelihood for each observation is

$$\mathcal{L}_i(\boldsymbol{\beta}) = \mathcal{N}(y_i; \boldsymbol{\beta}^\top \mathbf{x}_i, \sigma^2)$$

and the likelihood for the entire set of data is

$$\mathcal{L}(\boldsymbol{\beta}) = \prod_{i=1}^n \mathcal{N}(y_i; \boldsymbol{\beta}^\top \mathbf{x}_i, \sigma^2)$$

Through some algebra, we can show that maximizing  $\mathcal{L}(\boldsymbol{\beta})$  is equivalent to minimizing MSE:

$$\boldsymbol{\beta}_{MLE} = \underset{\boldsymbol{\beta}}{\operatorname{argmax}} \mathcal{L}(\boldsymbol{\beta}) = \underset{\boldsymbol{\beta}}{\operatorname{argmin}} \frac{1}{n} \sum_{i=1}^n |y_i - \boldsymbol{\beta}^\top \mathbf{x}_i|^2 = \underset{\boldsymbol{\beta}}{\operatorname{argmin}} RSS$$

Minimizing MSE or RSS is called **ordinary least squares**.

## Information Criteria Revisited

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Using the likelihood function, we can reformulate the information criteria metrics for model fitness in very intuitive terms.

For both AIC and BIC, we consider the likelihood of the data under the MLE model against the number of explanatory variables used in the model

$$g(J) - \mathcal{L}(\boldsymbol{\beta}_{MLE})$$

where  $g$  is a function of the number of predictors  $J$ . Individually,

$$AIC = J - \ln(\mathcal{L}(\boldsymbol{\beta}_{MLE}))$$

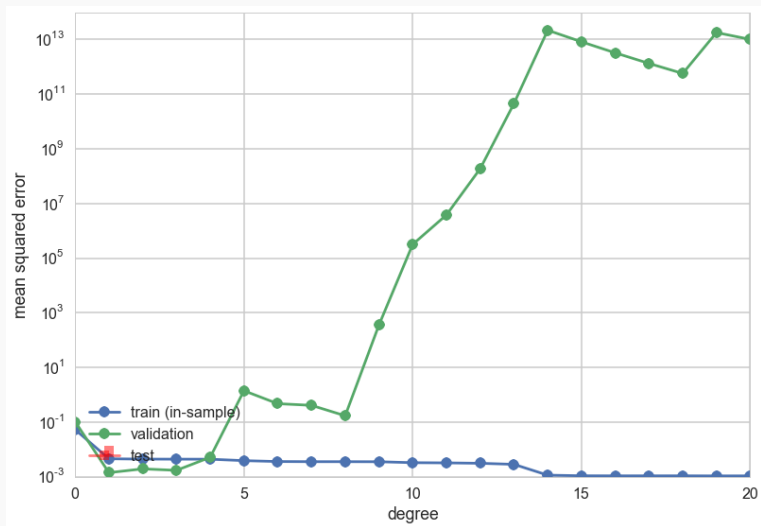
$$BIC = \frac{1}{2}J \ln(n) - \ln(\mathcal{L}(\boldsymbol{\beta}_{MLE}))$$

In the formulae we'd been using for AIC/BIC, we approximate  $\mathcal{L}(\boldsymbol{\beta}_{MLE})$  using the RSS.

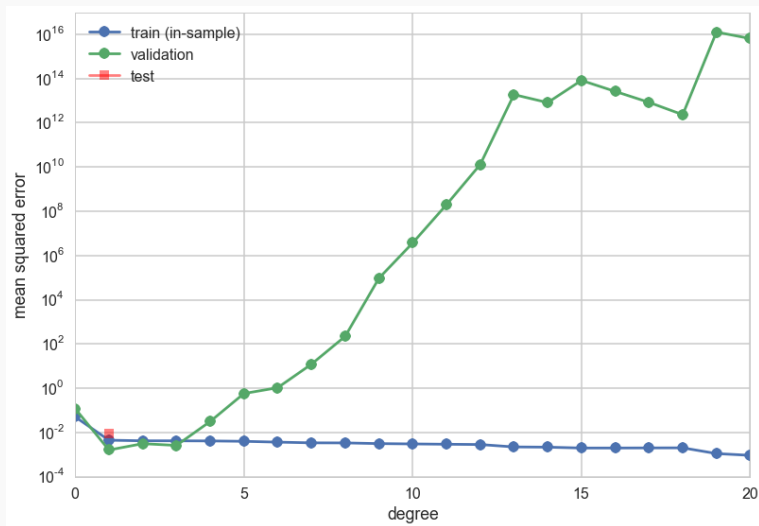
## Bias vs Variance

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# Variance

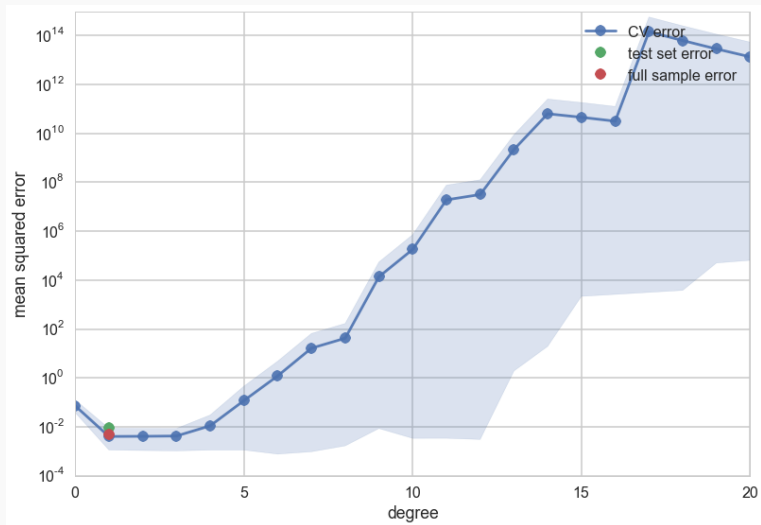


# Variance

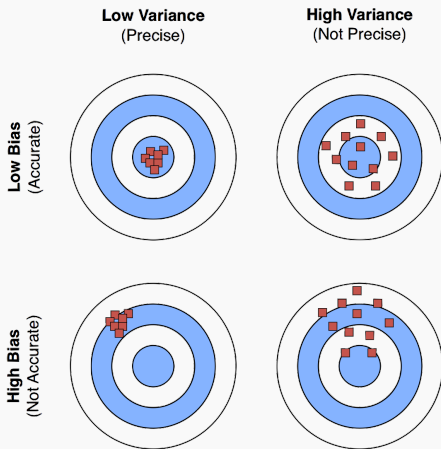




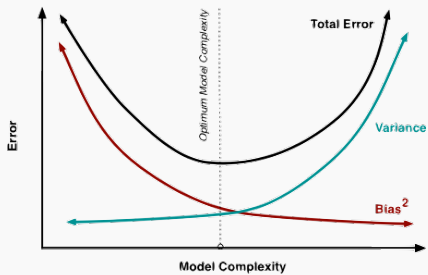
# Variance



# Bias vs Variance



# The Bias/Variance Trade-off



## Regularization: LASSO and Ridge

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## Regularization: An Overview

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The idea of regularization revolves around modifying the loss function  $L$ ; in particular, we add a **regularization term** that penalizes some specified properties of the model parameters

$$L_{reg}(\beta) = L(\beta) + \lambda R(\beta),$$

where  $\lambda$  is a scalar that gives the weight (or importance) of the regularization term.

Fitting the model using the modified loss function  $L_{reg}$  would result in model parameters with desirable properties (specified by  $R$ ).

# LASSO Regression

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Since we wish to discourage extreme values in model parameter, we need to choose a regularization term that penalizes parameter magnitudes. For our loss function, we will again use MSE.

Together our regularized loss function is

$$L_{LASSO}(\beta) = \frac{1}{n} \sum_{i=1}^n |y_i - \beta^\top \mathbf{x}_i|^2 + \lambda \sum_{j=1}^J |\beta_j|.$$

Note that  $\sum_{j=1}^J |\beta_j|$  is the  $\ell_1$  norm of the vector  $\beta$

$$\sum_{j=1}^J |\beta_j| = \|\beta\|_1$$

Hence, we often say that  $L_{LASSO}$  is the loss function for  $\ell_1$  **regularization**.

Finding model parameters  $\beta_{LASSO}$  that minimize the  $\ell_1$  regularized loss function is called **LASSO regression**.

# Ridge Regression

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Alternatively, we can choose a regularization term that penalizes the squares of the parameter magnitudes.

Then, our regularized loss function is

$$L_{Ridge}(\beta) = \frac{1}{n} \sum_{i=1}^n |y_i - \beta^\top \mathbf{x}_i|^2 + \lambda \sum_{j=1}^J \beta_j^2.$$

Note that  $\sum_{j=1}^J \beta_j^2$  is related to the  $\ell_2$  norm of  $\beta$

$$\sum_{j=1}^J \beta_j^2 = \|\beta\|_2^2$$

Hence, we often say that  $L_{Ridge}$  is the loss function for  **$\ell_2$  regularization**.

Finding model parameters  $\beta_{Ridge}$  that minimize the  $\ell_2$  regularized loss function is called **ridge regression**.

## Choosing $\lambda$

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In both ridge and LASSO regression, we see that the larger our choice of the **regularization parameter**  $\lambda$ , the more heavily we penalize large values in  $\beta$ ,

1. If  $\lambda$  is close to zero, we recover the MSE, i.e. ridge and LASSO regression is just ordinary regression.
2. If  $\lambda$  is sufficiently large, the MSE term in the regularized loss function will be insignificant and the regularization term will force  $\beta_{Ridge}$  and  $\beta_{LASSO}$  to be close to zero.

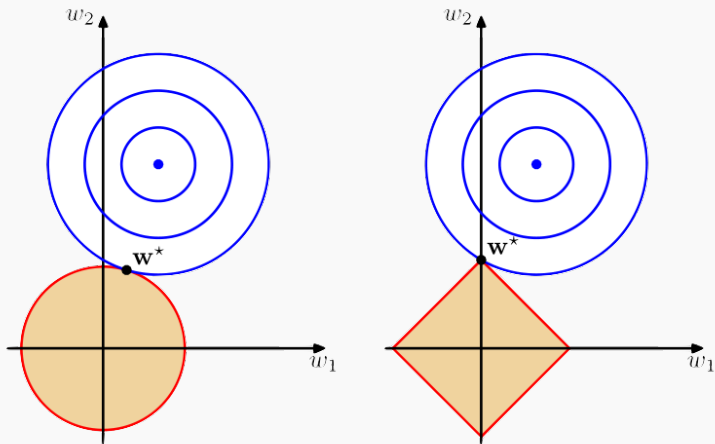
To avoid ad-hoc choices, we should select  $\lambda$  using cross-validation.



# Regularization Methods: A Comparison

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# The Geometry of Regularization



## Variable Selection as Regularization

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Since LASSO regression tend to produce zero estimates for a number of model parameters - we say that LASSO solutions are **sparse** - we consider LASSO to be a method for variable selection.

Many prefer using LASSO for variable selection (as well as for suppressing extreme parameter values) rather than stepwise selection, as LASSO avoids the statistic problems that arises in stepwise selection.

# An Comparative Example

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